

# NAP - NURSES AIDE PROGRAM

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## **NAP 200 Excellence in Care-Nursing Assistant Program**

(formerly AHN 200) Delaware County Community College's "Excellence in Care" Nursing Assistant Program is a 133-hour intensive course in accordance with the regulatory guidelines established by the Commonwealth of Pennsylvania. It includes, 48 hours of didactic, 25 hours of simulation laboratory activities, and 60 hours of clinical experience at an approved long term care facility. This course prepares students for employment in acute care, acute rehab, hospice, home health care and long-term care facilities. In addition to preparing students clinically, this course emphasizes leadership skills, service excellence values, problem solving/decision making, cultural sensitivity, interpersonal and civility skills in the workplace, professionalism/employability skills, conflict resolution, and time and stress management. Students completing this course are qualified to test with the American Red Cross and placed on the Pennsylvania Nurse Aide Registry.

Departmental approval is required to enroll in the course to comply with federal and state legislative requirements- OBRA and Act 14, respectively.

*Upon successful completion of this course, students should be able to:*

*Function as an unlicensed individual in the role of a nurse aide within the legal and ethical standards set forth by the profession nursing as regulated by the State Board of Nursing for the Commonwealth of Pennsylvania.*

*Demonstrate use of appropriate and effective communication skills.*

*Apply the basic principles of infection control.*

*Assist with basic emergency procedures.*

*Demonstrate behavior that maintains client and/or client rights.*

*Demonstrate behaviors and skills that promote client and clients independence and prevents abuse.*

*Demonstrate knowledge and applies the principles of basic nutrition to prevent neglect and exploitation.*

*Identify and report abnormal signs and symptoms of common diseases and conditions of the body systems.*

*Provide for a safe, clean environment.*

*Provide personal care as directed by the licensed professional/practitioner/supervisor.*

*Provide care to client when death is imminent.*

*Demonstrate skills that incorporate principles of restorative care under the direction of a licensed professional/practitioner/supervisor.*

*Demonstrate basic skills by identifying the psychosocial characteristics of the populations being served in the nursing facility and/or by the health care agency including persons affected by intellectual disabilities, mental illness, Alzheimer's disease and related disorders that cause cognitive impairment.*

*Explain how to anticipate and manage crises and identifies alternative solutions when appropriate interventions fail.*

*Plan problem-solving strategies using critical thinking to improve the health care delivery process.*

*Employ leadership and peer mentoring skills in the clinical setting.*

Prerequisites: High School diploma or GED. Students must meet DCCC's clinical and physical program requirements and therefore departmental approval is required. INT 100 is strongly encouraged.

**6 Credits3 Weekly Lecture Hours**

**25 Weekly Lab Hours**